

## Training Schedule

Monday, July 29<sup>th</sup>

**COMPETITION POOL (INDOORS)**  
*(30 Minutes per routine divided into 2 time blocks)*

13:00-14:30	Open Pool – no music
14:30-16:00	ESP – music training
16:00-16:30	LIE – music training
16:30-17:30	ESP – music training
17:30-18:00	LIE – music training
18:00-19:00	Open Pool – no music

The outdoor pool is open from 13:00-19:00. Music available on request.

**Tuesday, July 30<sup>th</sup>**  
*(10 minutes per routine)*

**COMPETITION POOL (INDOORS)**

**OUTDOOR POOL**

09:00-10:30	Open Pool - no music		9:00-13:40	Open Pool - no music
10:30-11:20	ESP – music training 50'			
11:20-12:00	SUI – music training 40'			
12:00-12:20	LIE – music training 20'			
12:20-12:40	Open Pool – no music			
12:40-13:00	AUT – music training 20'			
13:00-13:30	FIN – music training 30'			
13:30-14:10	BUL – music training 40'		13:40-14:30	ESP – music training 50'
14:10-14:30	Open Pool – no music		14:30-15:10	SUI – music training 40'
14:30-15:10	TUR – music training 40'		15:10-15:30	LIE – music training 20'
15:10-16:00	ITA – music training 50'		15:30-15:50	AUT – music training 20'
16:00-16:40	GRE – music training 40'		15:50-16:20	FIN – music training 30'
16:40-17:30	KAZ – music training 50'		16:20-17:00	BUL – music training 40'
17:30-17:50	Open Pool – no music		17:00-17:40	TUR – music training 40'
17:50-18:30	HUN – music training 40'		17:40-18:30	ITA – music training 50'
18:30-19:10	CRO – music training 40'		18:30-19:10	GRE – music training 40'
19:10-20:00	ISR – music training 50'		19:10-20:00	KAZ – music training 50'

Wednesday, July 31<sup>st</sup> (9 minutes per routine)

**COMPETITION POOL (INDOORS)**

**OUTDOOR POOL**

09:00-09:25	Open Pool – warm up		09:00-09:25	Open Pool – warm up
09:25-09:34	BEL – music training 9'		09:25-10:10	ISR – music training 45'
09:35-09:53	AUT – music training 18'		10:11-10:47	CRO – music training 36'
09:54-10:30	COL – music training 36'		10:48-11:24	HUN – music training 36'
10:31-10:58	FIN – music training 27'		11:25-12:10	ITA – music training 45'
10:59-11:44	ESP- music training 45'		12:11-12:47	GRE – music training 36'
11:45-12:03	LIE – music training 18'		12:48-13:33	KAZ – music training 45'
12:04-12:40	SUI – music training 36'		13:34-14:10	TUR – music training 36'
12:41-13:26	ISR – music training 45'		14:11-14:47	BUL – music training 36'
13:27-14:03	CRO – music training 36'		14:48-14:57	BEL – music training 9'
14:04-14:40	HUN – music training 36'		14:58-15:16	AUT – music training 18'
14:41-15:26	ITA – music training 45'		15:17-15:53	COL – music training 36'
15:27-16:03	GRE – music training 36'		15:54-16:21	FIN – music training 27'
16:04-16:49	KAZ – music training 45'		16:22-16:58	RUS-LED – music training 36'
16:50-17:26	TUR – music training 36'		16:59-17:17	GEO – music training 18'
17:27-18:03	BUL – music training 36'		17:18-17:36	FRA – music training 18'
18:04-18:22	RUS-MOW - music training 18'		17:37-18:22	ESP – music training 45'
18:23-18:59	RUS-LED - music training 36'		18:23-18:32	POR - music training 9'
19:00-19:18	GEO - music training 18'		18:33-18:45	DSV-MORG (Pre-Swimmers) 12'
19:19-19:37	FRA – music training 18'		18:46-19:22	SUI – music training 36'
19:38-19:47	POR – music training 9'		19:23-19:41	LIE – music training 18'
19:48-20:00	DSV-MORG (Pre-Swimmers) 12'		19:42-20:00	RUS-MOW – music training 18'